

ADAPT Coalition Advisory Board Meeting
Wednesday, September 7, 2016
10:00 A.M.

PRESENT: Brenda Foor, ADAPT Coordinator, FRC
John Hersh, Ozer Ministries, Advisory Group Chair
Cindy Anderson, Ohio CAN
Cathy Brownfield, Family Recovery Center
Kathie Chaffee, MHRS Board
Lori Colian, FCFC
Shar Daub, Lisbon Police Department
Danielle Dillon, CASH Coalition
Rachel Ketterman, Dept. of Job & Family Services
Brian Moore, East Palestine Police Department
Debbie Pietrzak, Salem Regional Medical Center
Pat Ross, MHRS Board
Kim Steele, Kent State University
Amy Stoddard, Family Recovery Center
Tricia Wilson, Family Recovery Center

GUEST: Keith Meredith, Salem Regional Medical Center

The meeting was called to order at 10:00 a.m. by John Hersh, Chair.

Keith Meredith, Pharm. D from Salem Regional Medical Center discussed the effects drugs have on the body. When taking prescription drugs, never exceed the prescribed dosage, and keep in mind that everything is recorded and closely monitored.

Drugs and other substances that are considered controlled substances under the Controlled Substances Act (CSA) are divided into five schedules. The FDA has been overseeing drugs in the US since the beginning of the 20th century. In 1970 the FDA released drug classifications, or drug schedules, under the Controlled Substance Act (CSA). The schedules organize drugs into groups based on risk of abuse or harm. Those drugs with high risk and no counterbalancing benefit are banned from medical practice and are called Schedule I drugs.

Schedule 2 drugs (Vicodin, Oxycodone), are the most commonly prescribed and misused. Many drugs cause long term changes in the brain such as benzodiazepines which alter the receptors in the brain. Withdrawal from these drugs causes heightened anxiety and may lead to severe psychological or physical dependence.

Examples of Schedule III narcotics include: combination products containing less than 15 milligrams of hydrocodone per dosage unit (Vicodin), products containing not more than 90 milligrams of codeine per dosage unit (Tylenol with Codeine), and buprenorphine (Suboxone).

Substances in Schedule IV have a low potential for abuse relative to substances in Schedule III. Examples of Schedule IV substances include: alprazolam (Xanax), carisoprodol (Soma), clonazepam (Klonopin), clorazepate (Tranxene), diazepam (Valium), lorazepam (Ativan), midazolam (Versed), temazepam (Restoril), and triazolam (Halcion).

Schedule V drugs have a lower potential for abuse than Schedule IV and consist of preparations containing limited quantities of certain narcotics.

April 12, 2016, Minutes:

- V. Motion by Kim Steele to approve the minutes
- O. of the April 12, 2016, meeting minutes
- T. Motion seconded by Jack Hile
- E. MOTION CARRIED

Coordinator's Report:

Brenda updated the group on the various events held and meetings attended.

Leadership Teams:

Approximately 600 people attended the Crestview – Columbiana event. 150 people attended Leetonia's Festival in the Park. Attendance at some of the events was down due to the heat.

Be Smart Coalition:

Amy Stoddard reported on the Be Smart Coalition which is a safety program that provides awareness and education to drivers in Columbiana County through media campaigns, community events, and outreach. The goal is to reinforce knowledge necessary to reduce risky driving and fatal crashes. So far this year, there were eight fatal crashes, and only two of them were wearing seat belts.

DEA Take Back:

The Take Back Drugs event is scheduled on Saturday, October 22, 2016, from 10:00 a.m. to 2:00 p.m. at the East Liverpool City Hospital and the Salem Community Hospital.

Compliance Checks:

Compliance checks were held on August 9, 2016. Several locations were checked. This was the second round, and there was only one arrest.

Caring for Our Youth:

A Caring for Our Youth Workshop was held on June 22, 2016, at David Anderson High School in Lisbon. This event was well attended.

Search Institute:

The cost for the Search Institute Survey has gone up considerably. Brenda checked on the cost of doing this online, and it is also expensive. Grades 7, 9, and 10 will be surveyed. East Liverpool schools will not participate.

Member Sharing:

Lori Colian discussed a Community Shared Plan (not sure what this is). She met with county Superintendents.

Debbie Pietrzak said that the Health Needs Assessment is on the Salem Community Hospital website.

Amy Stoddard advised the group that she is moving to South Carolina and has enjoyed her work with the coalition. She will continue working with youth in some capacity.

Brenda distributed the 12-month Action Plan.

A Youth Leadership Conference will be held on October 21, 2016, at the KSU Salem Campus from 9:00 a.m. to 1:15 p.m. Contact Danielle Dillon for more information.

Adjournment:

Kathie Chaffee made a motion to adjourn. The motion was seconded by Danielle Dillon. Motion Carried. The meeting adjourned at 11:25 a.m.

The next meeting is Tuesday, July 12, 2016, at the MHRS Board at 10:00 a.m.

Minutes Prepared By:

Patricia Ross, MHRS Board